Greetings!

Welcome Essex County School Counselors to the 2023-2024 school and association year. I hope all of you were able to practice much needed and deserved self-care this summer and are able to find a way to continue it throughout the school year. I invite you to continue this journey with us as we look toward our future. This year, our focus is on all of you – elementary thru high school counselors in our association as well as helping those in our community who are in need.

Our first event will be a "Meet and Greet" on Thursday, September 28, 2023 at Calandra's at 234 Bloomfield Ave. Caldwell, NJ 07006 from 3:45pm- 6:30pm → RSVP here: 9/28 ECSCA Meet & Greet. This is a great opportunity to come out and learn about our association while socializing with counselors throughout the county. Berkeley College is graciously hosting our first general membership meeting on Thursday October 19, 2023 at Bella Napoli, Bloomfield, NJ. Please RSVP here: 10/19 ECSCA 1st General Members Meeting.

The **tentative dates** for the remainder of the year's events are: Wednesday, December 6, 2023
Tuesday, February 6, 2024
Wednesday, April 24, 2024
Wednesday, June 5, 2024

Counselors for the Community - We will continue with this venture that ECSCA Past President's, Greg Jenkins founded. Each month we ask that each member bring an item for donation to a non-profit facility in need – specifics will be given prior to the meeting date.

Elementary/Middle School Counselors – To better support our elementary and middle school counselors this year, we would like to bring back morning breakfast meetings - The Breakfast Club. These meetings will be hosted at various elementary schools in Essex County or virtually and ECSCA will supply a light continental breakfast for those who would like to attend inperson. Our goal is to have at least 2 this year. This initiative will be headed by our newest executive board member – Dr. Fatima McCoy-Leonard.

New members – We are always looking for new members so please invite your school counseling departments to our meet and greet and future meetings.

We look forward to collaborating and exchanging ideas with each other throughout the year. Wishing you all a successful, exciting and fun school year.

With gratitude,

Christina Robinson, M.Ed., LAC *ECSCA President*

WE ARE NO LONGER "GUIDANCE COUNSELORS' ONLY FOCUSED ON GRADUATION & COURSE SELECTION FOR STUDENTS. WE ARE "SCHOOL COUNSELORS" WHO FOCUS ON THE ACADEMIC SUCCESS, COLLEGE /CAREER READINESS, and SOCIAL EMOTIONAL DEVELOPMENT OF ALL STUDENTS.... ASCA